

# Amara

## Resources For Families

Agency/Service	Telephone	Website	Description
<b>Kinship Services</b>			
Washington State Kinship Navigators	360-601-8230	<a href="https://www.dshs.wa.gov/altsa/home-and-community-services-kinship-care/kinship-care">https://www.dshs.wa.gov/altsa/home-and-community-services-kinship-care/kinship-care</a>	Connections to multiple sources of local support
State Dept. of Children, Youth & Families (DCYF)		<a href="https://www.dcyf.wa.gov/services/foster-parenting/relatives-caring-for-kids">https://www.dcyf.wa.gov/services/foster-parenting/relatives-caring-for-kids</a>	Information about kinship in Washington
Catholic Community Services – Kinship Services	206-328-6858	<a href="https://ccsww.org/get-help/services-for-seniors-people-with-disabilities/kinship-services/#Kinship%20Caregiver%20Resources">https://ccsww.org/get-help/services-for-seniors-people-with-disabilities/kinship-services/#Kinship%20Caregiver%20Resources</a>	Multiple services for kinship families
<b>Legal</b>			
Northwest Justice Project	206-464-1519	<a href="http://www.nwjustice.org">www.nwjustice.org</a>	Civil legal help
Legal Counsel for Youth and Children	206-494-0323	<a href="https://lcywa.org/">https://lcywa.org/</a>	Protects the interests and safety of youth in Washington state Legal services available
CLEAR (Coordinated Legal Education, Advice and Referral)	1-88-201-1014 In King County, call 2-1-1	<a href="https://nwjustice.org/clear-hotline">https://nwjustice.org/clear-hotline</a>	Verbal or written legal advice, written legal information and forms, refer to legal aid services to fit to situation
The King County Bar Association	206-267-7100	<a href="http://www.kcba.org">www.kcba.org</a>	Free legal service programs, lawyer referral program, Pro Bono services
Washington State Pro Bono Council		<a href="http://www.probonocouncil.org">www.probonocouncil.org</a>	Free legal aid services
Kinship Care Solutions	206-267-7086	<a href="http://www.kcba.org/For-the-Public/Free-Legal-Assistance/Kinship-Care-Solutions">www.kcba.org/For-the-Public/Free-Legal-Assistance/Kinship-Care-Solutions</a>	Provides legal advice and representation for relatives and caregivers seeking minor guardianship of a child/ren
Civil Legal Aid	206-263-9105	<a href="http://www.covidlegalaid.org">www.covidlegalaid.org</a>	Free legal services and resources in King County
<b>Health Insurance &amp; Medical</b>			
Access to Baby & Child Dentistry (ABCD)	n/a	<a href="http://www.abcd-dental.org">www.abcd-dental.org</a>	Dental care and oral health for young children from birth up to age six

Community Health Care	253-722-1771	<a href="http://www.commhealth.org/location/foster-and-adoption-clinic">www.commhealth.org/location/foster-and-adoption-clinic</a>	Foster and Adoption clinic available for families and children in foster care, kinship care, and adoption
Hilltop Medical Clinic	253-441-4742	<a href="http://www.commhealth.org/location/hilltop-medical-center">www.commhealth.org/location/hilltop-medical-center</a>	Medical providers and behavioral health providers available
Apple Health Core Connection- Coordinated Care	1-844-354-9876	<a href="https://www.hca.wa.gov/free-or-low-cost-health-care/apple-health-you">https://www.hca.wa.gov/free-or-low-cost-health-care/apple-health-you</a>	
<b>Financial Support</b>			
Non-Needy Child only Temporary Assistance for Needy Families (TANF)	877-501-2233	<a href="http://www.dshs.wa.gov/esa/community-services-offices/non-needy-relative-locoparentis-and-legal-guardian-grant">www.dshs.wa.gov/esa/community-services-offices/non-needy-relative-locoparentis-and-legal-guardian-grant</a>	Cash or medical assistance for children in the care of a relative or legal guardian
Diversion Cash Assistance (DCA)	877-501-2233	<a href="http://www.dshs.wa.gov/esa/diversion-cash-assistance-dca">www.dshs.wa.gov/esa/diversion-cash-assistance-dca</a>	Short-term assistance for families not interested in TANF assistance
Temporary Assistance for Needy Families (TANF)	877-501-2233	<a href="https://www.dshs.wa.gov/esa/community-services-offices/tanf-and-support-services">https://www.dshs.wa.gov/esa/community-services-offices/tanf-and-support-services</a>	Temporary cash for families in need
<b>Transportation</b>			
Orca Lift	888-988-6722	<a href="http://www.myorca.com">www.myorca.com</a>	Orca has card plans for riders who are low-income or interested in subsidized annual passes
Pierce County Transit		<a href="https://www.piercetransit.org/faq/">https://www.piercetransit.org/faq/</a>	Reduced fares available for seniors and people with disabilities
<b>Concrete Goods for Babies &amp; Kids</b>			
Amara Family Resource Center	206-260-1707	<a href="https://amarafamily.org/family-resource-center/">https://amarafamily.org/family-resource-center/</a>	Food pantry, diaper bank, other concrete goods – call for hours
Westside Baby	206-767-1662	<a href="http://www.westsidebaby.org">www.westsidebaby.org</a>	Basic needs for infants and children; diapers, formula, equipment, etc.
Eastside Baby Corner	425-865-0234	<a href="http://www.babycorner.org">www.babycorner.org</a>	For ages birth to 12 years old for clothing, diapers, formula
Treehouse	206-767-7000	<a href="http://www.treehouseforkids.org">www.treehouseforkids.org</a>	Clothing, school supplies, extracurricular activity assistance, job supplies for youth and young adults in foster case
St. Mary's Baby Cupboard	206-324-7100	<a href="http://www.thefbsm.org">www.thefbsm.org</a>	Diapers, formula, and more for families with babies under age two
<b>Housing, Rent, Utilities</b>			
King County Housing Authority	206-574-1100	<a href="http://www.kcha.org">www.kcha.org</a>	Section 8 Vouchers, Subsidized Housing, Housing programs

Pierce County Housing Authority	253-620-5400	<a href="https://www.pchawa.org/">https://www.pchawa.org/</a>	Section 8 Vouchers, Subsidized Housing, Housing programs
Seattle City Light Assistance Program		<a href="https://www.seattle.gov/city-light/residential-services/billing-information/bill-assistance-programs">https://www.seattle.gov/city-light/residential-services/billing-information/bill-assistance-programs</a>	Help paying for electricity
Puget Sound Energy Assistance Program		<a href="https://www.pse.com/account-and-billing/assistance-programs">https://www.pse.com/account-and-billing/assistance-programs</a>	Help paying for electricity
Housing Justice Project	206-267-7069	<a href="http://www.kcba.org/For-the-Public/Free-Legal-Assistance/Housing-Justice-Project/Get-Help#41899-more-resources">www.kcba.org/For-the-Public/Free-Legal-Assistance/Housing-Justice-Project/Get-Help#41899-more-resources</a>	Free legal assistance to low-income tenants facing eviction in King County. Interpreter services available
Low-cost internet – Seattle area		Seattle - <a href="https://www.seattle.gov/tech/services/internet-access/low-cost-home-internet-access-for-residents">https://www.seattle.gov/tech/services/internet-access/low-cost-home-internet-access-for-residents</a>	Low-cost internet access
Low-cost internet – multiple counties statewide		<a href="https://www.xfinity.com/learn/internet-service/acp/free-internet">https://www.xfinity.com/learn/internet-service/acp/free-internet</a>	Free and/or low-cost internet access
<b>Food Support</b>			
Amara Family Resource Center	206-260-1707	<a href="https://amarafamily.org/family-resource-center/">https://amarafamily.org/family-resource-center/</a>	Food pantry, diaper bank, other concrete goods – call for hours
Supplemental Nutrition Assistance Program (SNAP)	877-501-2233	<a href="http://www.dshs.wa.gov/esa/community-services-offices/basic-food">www.dshs.wa.gov/esa/community-services-offices/basic-food</a>	Monthly benefits to purchase food
State Food Assistance Program (FAP)	877-501-2233	<a href="http://www.dshs.wa.gov/esa/community-services-offices/state-food-assistance-program-fap">www.dshs.wa.gov/esa/community-services-offices/state-food-assistance-program-fap</a>	Food assistance program available to those who are not eligible for SNAP
Women, Infant, and Children Nutrition Program (WIC)	1-800-841-1410	<a href="http://doh.wa.gov/you-and-your-family/wic">doh.wa.gov/you-and-your-family/wic</a>	Aids with food, nutritional education, health screening and referrals.
United Way of King County	206-461-3700	<a href="http://www.uwkc.org/keeping-families-stable/fuel-your-future">www.uwkc.org/keeping-families-stable/fuel-your-future</a>	Fuel Your Future program provides essential, culturally appropriate foods
West Seattle Food Bank	206-932-9023	<a href="http://www.westseattlefoodbank.org/get-food">www.westseattlefoodbank.org/get-food</a>	Food distribution, home delivery, mobile food bank, pet pantry
White Center Food Bank	206-762-2848	<a href="http://www.whitecenterfoodbank.org">www.whitecenterfoodbank.org</a>	Food distribution, baby support, mobile food bank, no-cook service
Kent Food Bank and Emergency Services	253-520-3550	<a href="http://www.kentfoodbank.org">www.kentfoodbank.org</a>	Food and clothing assistance
The Making a Difference Foundation Eloise's Cooking Pot Food Bank	253-212-2778	<a href="https://themadf.org/eloises-cooking-pot/">https://themadf.org/eloises-cooking-pot/</a>	Food assistance with no eligibility requirements
The Eloise's Cooking Pot Food Pantry at Amara in Tacoma	206-260-1707		Food assistance with no eligibility requirements

Nourish Pierce County	253-383-3164	<a href="https://nourishpc.org/">https://nourishpc.org/</a>	21 food banks throughout Pierce County
<b>General Resources</b>			
211	Dial 2-1-1	Wa211.org	Connections to local resources and supports
Help Me Grow	1-800-322-2588	<a href="http://www.helpmegrowwa.org">www.helpmegrowwa.org</a>	Connections for parents and caregivers to local family and child development resources
Washington State Kinship Navigators		<a href="https://www.dshs.wa.gov/altsa/home-and-community-services-kinship-care/kinship-care">https://www.dshs.wa.gov/altsa/home-and-community-services-kinship-care/kinship-care</a>	Connections to multiple sources of local support
State Dept. of Children, Youth & Families (DCYF)		<a href="https://www.dcyf.wa.gov/services/foster-parenting/relatives-caring-for-kids">https://www.dcyf.wa.gov/services/foster-parenting/relatives-caring-for-kids</a>	Information about kinship in Washington
Catholic Community Services – Kinship Services	206-328-6858	<a href="https://ccsww.org/get-help/services-for-seniors-people-with-disabilities/kinship-services/#Kinship%20Caregiver%20Resources">https://ccsww.org/get-help/services-for-seniors-people-with-disabilities/kinship-services/#Kinship%20Caregiver%20Resources</a>	Multiple services for kinship families
<b>Child Care and Child Development</b>			
Child Care Aware of Washington	1-800-446-1114	<a href="https://childcareawarewa.secure.force.com/providerupdate/CCAWAOnlineLookUp">https://childcareawarewa.secure.force.com/providerupdate/CCAWAOnlineLookUp</a>	Find child care near you
Child Care Resources	206-329-1011	<a href="http://www.childcare.org">www.childcare.org</a>	Find child care and early learning programs in King and Pierce counties
Working Connections Child Care subsidies	1-844-626-8687	<a href="https://www.dcyf.wa.gov/services/earlylearning-childcare/getting-help">https://www.dcyf.wa.gov/services/earlylearning-childcare/getting-help</a>	Assistance with paying for child care
A Step Ahead	253-471 - 2727	<a href="https://www.asapc.org/">https://www.asapc.org/</a>	Child development services in Pierce County
YMCA of Pierce & Kitsap Counties	253-534-4715	<a href="https://www.ymcapk.org/join/foster-youth">https://www.ymcapk.org/join/foster-youth</a>	Free memberships for children in foster care & more
Kindering	425-747-4004	<a href="http://www.kindering.org">www.kindering.org</a>	Early learning & school readiness, family education and support, pediatric therapy and support
The ARC of King County	206-364-6337	<a href="http://www.arcofkingcounty.org">www.arcofkingcounty.org</a>	Serves all people with intellectual and developmental disabilities, programs available for parents & guardians too
Early Support for Infant & Toddlers	360-725-3500	<a href="http://www.dcyf.wa.gov/services/child-development-supports/esit">www.dcyf.wa.gov/services/child-development-supports/esit</a>	Early intervention services designed for children from birth to 3 years old with developmental delays or disabilities