




Parents and caregivers – Are you interested in free opportunities for kids and youth to gather together for fun, friendship, and skill-building? Amara is launching a new program for kids and youth impacted by the child welfare system.

### Who is eligible for the STAR Youth Program?

 Kids and youth ages 9 – 14 who are experiencing foster and/or kinship care.

 Kids and youth ages 9 – 14 who have been reunited with their families.

 Kids and youth ages 9 – 14 who have been adopted.



Amara STAR groups will be led by Amara Youth Development Specialists and will gather in-person weekly, after school, at our Seattle campus at 5907 Martin Luther King Jr. Way South. There is no cost to participate.

Kids will have a chance to meet other kids who have had similar experiences, allowing them to build community in a safe space with others who “get it.” Together, the groups will enjoy games and activities, while learning about emotional regulation and exploring identity development, with the help of our Youth Development Specialists.