Amara’s Family Resource Center provides families with immediate help such as food*, diapers, and clothing, as well as connections to other resources such as healthcare, baby necessities, transportation, and parenting supports.

Families do not need to “qualify” or prove “eligibility” to get the help they need at our Resource Center. We are open at 3501 104th St. E. in Tacoma Tuesdays - Fridays during these hours:

- Tuesday 1 pm - 5 pm
- Wednesday 10 am - 5 pm
- Thursday 10 am - 1 pm
- Friday 10 am - 5 pm

*Amara’s food pantry is generously provided by Eloise’s Cooking Pot, made possible by the Making a Difference Foundation.

For more information, please visit our website at amarafamily.org/family-resource-center. Questions? Please call Michelle (she/her) at 206-260-1707, or McKinley (they/them) at 206-260-1705 or email frc@amarafamily.org.

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